

## SERVICES FOR PEOPLE WITH BRAIN INJURY IN VIRGINIA

12/08

## **State Administered Services**

The following services and programs are administered directly by the Department of Rehabilitative Services:

Brain Injury Services Coordination Unit (BISCU) within the Department of Rehabilitative Services (DRS) manages programs and services for people with brain injury and assists the "lead state agency" in planning and monitoring services that enhance the quality of life and vocational goals of persons with acquired brain injury. The BISCU provides information about brain injury and other acquired neurological impairment to DRS staff and external customers, as well as assistance obtaining DRS services. Contact Patricia Goodall at 800/552-5019, TTY 800/464-9950 or e-mail Patti.Goodall@drs.virginia.gov or on-line http://www.vadrs.org/cbs/biscis.htm.

- Brain Injury Discretionary Services (BIDS) Fund provides short-term specialized services, assistive technology, and other equipment / goods to help individuals live more independently and move forward in their recovery. Since the BIDS Fund is limited and available only if no other funding source is available, it is recommended that you contact DRS prior to applying for funds. The BID Fund does not pay for inpatient medical rehabilitation or any other residential services. Individuals must be at least one year post-injury and must meet disability and financial criteria. Contact Patricia Goodall at 804/662-7615, 800/552-5019, TTY 800/464-9950 or e-mail Patti.Goodall@drs.virginia.gov or on-line http://www.vadrs.org/cbs/biscis.htm.
- Commonwealth Neurotrauma Initiative (CNI) Trust Fund was established legislatively in 1997 for the purpose of "improving the treatment and care of Virginians with traumatic spinal cord or brain injuries." The Trust Fund Advisory Board disburses funds to Virginia based organizations, institutions, and researchers through a competitive grant process administered by DRS. Grant funds of \$5,000 to \$150,000 per year for up to three years are awarded in rotating cycles for Option A: Research and Option B: Community Based Services. Although programs are short-term, services may be available <a href="http://www.vacni.org/downloads/NoticeOfGrantAwards200607.doc">http://www.vacni.org/downloads/NoticeOfGrantAwards200607.doc</a> Contact Kristie Chamberlain 804/662-7154, e-mail Kristie.Chamberlain@drs.virginia.gov or on-line <a href="http://www.vacni.org">http://www.vacni.org</a>.
- Pederal Traumatic Brain Injury (TBI) Act grant funding was awarded to the Virginia Department of Rehabilitative Services for 2006-2009. The grant application, entitled "Strengthening our Statewide Infrastructure for Brain Injury Services (SOS: BIS)," was submitted jointly with the Brain Injury Association of Virginia (BIAV). DRS contracts with BIAV to carry out grant activities that (1) maintain and strengthen Virginia's infrastructure for the delivery of brain injury services; and (2) increase the capacity of communities to advocate for the development of services and supports for people with brain injury and their families. The overall goal of these efforts is to enhance access to existing services and to support the development and expansion of services in unserved and underserved areas of the state. Contact Patricia Goodall at 800/552-5019, TTY 800/464-9950 or e-mail Patti.Goodall@drs.virginia.gov or on-line http://www.vadrs.org/cbis.htm.

Centers for Independent Living (CILs) provide services statewide that promote the independence, productivity, and leadership of people with disabilities. CILs are operated by people with disabilities who assist others to take charge of their own lives. CILs work with individuals and communities to remove barriers to independence. Services include information / referral, peer counseling, independent living skills training, and individual / systems advocacy. There are 16 CILs and two satellite CILS located throughout Virginia. Contact Theresa Preda at 800/552-5019, TTY 800/464-9950; e-mail Theresa.Preda@drs.virginia.gov or on-line http://www.vadrs.org/cbs/cils.htm.

Community Rehabilitation Case Management Services Program (CRCMS) provides case management / service coordination for individuals with central nervous system and other severe functional disabilities (including brain injury). Rehabilitation Specialists assist in identifying individual needs and identify resources to increase independent living and community integration. Contact Carolyn Turner at 800/552-5019, TTY 800/464-9950, e-mail Carolyn.Turner@drs.virginia.gov or on-line http://www.vadrs.org/cbs/ltcrm.htm.

**Personal Assistance Services for People with Brain Injury (PAS/BI)** provides personal assistance to people with significant functional limitations due to a physical disability and who are ineligible for attendant services through other sources. The consumer, or a consumer-designated representative, manages all aspects of employing a personal assistant. Services may include assistance getting in/out of bed, dressing, bathing, meal preparation, and housework. Priority is given to individuals at risk of institutional placement. Contact Pat Norton at 800/552-5019, TTY 800/464-9950, e-mail Patricia.Norton@drs.virginia.gov or on-line http://www.vadrs.org/cbs/pas.htm.

**Vocational Rehabilitation (VR) Program** is the federal/state funded program within the **Department of Rehabilitative Services (DRS)** that offers employment-related assistance to persons with disabilities, including people with brain injuries. Individuals who meet disability and financial eligibility criteria work with a Vocational Rehabilitation Counselor to jointly develop an Individualized Plan for Employment (IPE) that identifies an employment goal, as well as services or training to achieve that goal. Services include evaluation of skills and abilities; help determining an employment goal; counseling and guidance; vocational training; and job seeking / job placement services. *Contact DRS at 800/552-5019, TTY 800/464-9950, or on-line* http://www.vadrs.org.

Woodrow Wilson Rehabilitation Center (WWRC) is a state-funded rehabilitation facility operated by the Department of Rehabilitative Services (DRS) that offers an array of residential / outpatient services ranging from a comprehensive rehabilitation therapy program to vocational training to short-term assessment. In addition to receiving regular WWRC services, eligible individuals with acquired brain injury may receive supplemental specialized services through WWRC's Brain Injury Services Department such as counseling / guidance; neuropsychological assessment and therapy; vocational evaluation / training; cognitive rehabilitation services; independent living / community reentry skills; and physical, occupational, and speech / language therapies. Specialized case management services may also be available to individuals with brain injury who attend WWRC programs. Contact Gerald Showalter at 540/332-7044 or 800/345-9972/ TTY 800/811-7893 or e-mail Gerald.Showalter@wwrc.virginia.gov or on-line http://www.wwrc.net/menuroot/VR-brain-injury-services.htm.

## **State Contracted Programs/Services**

The following organizations receive state general funds to provide programs/services through contract managed by the Department of Rehabilitative Services:

Brain Injury Association of Virginia (BIAV) provides <u>statewide</u> information and support to people with brain injury, family members, and professionals. BIAV services include a toll-free help-line, an information clearinghouse and resource library, referrals to brain injury-specific and general community resources, a statewide network of support groups, systems advocacy, educational events, and an adult camp for survivors. BIAV also has Regional Resource Coordinators in <u>four areas of the state</u> who provide information/referral and resource development. Contact Anne McDonnell, Executive Director, Brain Injury Association of Virginia, 1506 Willow Lawn Dr., Suite 112, Richmond, VA 23230, 804/355-5748, 800/334-8443, e-mail <u>info@biav.net</u>, or on-line <a href="http://www.biav.net">http://www.biav.net</a>.

Brain Injury Services, Inc. (BIS INC) provides information and referral, case management, supported living, and volunteer placement for people with brain injuries in Northern Virginia; case management is also available in the Fredericksburg area. In addition, BIS INC operates two clubhouses: ADAPT Clubhouse in the Fairfax and Westwood Clubhouse in Fredericksburg. Clubhouse members are actively involved in the daily operation of the clubhouse through a "work-ordered day" which leads to improved work skills and behaviors that support community and vocational reentry. Contact Karen Brown, Executive Director, Brain Injury Services, Inc., 8136 Old Keene Mill Road, Suite B102, Springfield, VA 22152, 703/451-8881, e-mail kbrown@braininjurysvcs.org, or on-line http://www.braininjurysvcs.org/.

Brain Injury Services of Southwest Virginia (BISSWVA) provides information and referral, case management, life skills services, and volunteer placement for individuals with brain injury residing in the LENOWISCO, Cumberland Plateau, Mount Rogers, New River Valley, and Roanoke Valley-Alleghany areas of the state. Contact Helen Butler, Executive Director, Brain Injury Services of Southwest Virginia, Inc., 302 Second Street, Third Floor, Roanoke, VA 24011, -1-866-720-1008 or e-mail helen@bisswva.org or on-line http://www.bisswva.org.

**Community Futures Foundation, Inc. (CFF)** operates two clubhouses, The Mill House in **Richmond** and the Denbigh House in **Newport News**. Clubhouse members are actively involved in the daily operation of the clubhouse through a "work-ordered day" which leads to improved work skills and behaviors that support community and vocational reentry. CFF offers Employee Development Services (EDS) which provides a structured assessment of an individual's work-related skills and abilities. Community Futures Foundation also provides information and referral, case management, and volunteer placement for members of The Mill House, Denbigh House, and for individuals with acquired brain injury who reside in the **Greater Richmond** metropolitan area. **Contact Jason Young**, Executive Director, Community Futures Foundation, 5711 Staples Mill Road, Suite 101, Richmond, VA 23228, 804/261-7050, e-mail jason@communityfuturesva.org, or on-line <a href="http://www.communityfuturesval.org">http://www.communityfuturesval.org</a>.

Crossroads to Brain Injury Recovery (CBIR) provides information and referral, case management, life skills services, and volunteer placement for individuals with brain injury in the Greater Shenandoah Valley area that includes the counties of Rockbridge, Augusta, Bath, Highland, and Rockingham; and the cities of Harrisonburg, Lexington, Waynesboro, and Staunton. Contact Michelle Witt, Director, 601 University Boulevard, Blue Ridge Hall, MSC 9008, James Madison University, Harrisonburg, VA 22807, 540/383-594, e-mail michelle@c2bir.org, or on-line at http://www.c2bir.org.

Mary Buckley Foundation, Inc. (MBF) operates No Limits, a day program for people with brain injury on the Eastern Shore, and Beacon House, a clubhouse program for people with brain injury in the Virginia Beach area. Day programs provide individuals with brain injury the opportunity to participate in structured activities in a supportive environment. Activities may include vocational tasks, community outings, computer training, and social/recreational activities. Clubhouse members are actively involved in the daily operation of the clubhouse through a "work-ordered day" which leads to improved work skills and behaviors that support community and vocational reentry. Contact Matt Buckley, Executive Director, Mary Buckley Foundation, 3901 Coverdale Circle, Virginia Beach, VA 23452, 757/724-2460, e-mail Matt@maryfoundation.org, or on-line at <a href="http://www.maryfoundation.org">http://www.maryfoundation.org</a>.

MWS Brain Injury Services (MWS BIS) provides information and referral, case management, life skills services, and volunteer placement for individuals with brain injury residing in the counties of Henry, Patrick, and Pittsylvania, as well as the cities of Martinsville, Danville, and the town of Stuart. Contact Carlton Redd, MARC Workshop, MWS Brain Injury Services Coordinator, 315 Hospital Drive, Suite 304, P. O. Box 3385, Martinsville, VA 24115, 276/632-1018, Ext. 308, e-mail marc2007@embarqmail.com.

Virginia NeuroCare (VANC) operates High Street Clubhouse in Charlottesville. Clubhouse members are actively involved in the daily operation of the clubhouse through a "work-ordered day" which leads to improved work skills and behaviors that support community and vocational reentry. Contact Leigh Wion, Program Director, High Street Clubhouse, 406 E. Main Street, Charlottesville, VA 22902 at 434/220-4596, e-mail <a href="wivenequations.nig/wion@vanc.org">wivenequations.nig/wion@vanc.org</a>, or on-line <a href="http://www.vanc.org/programs/clubhouse.htm">http://www.vanc.org/programs/clubhouse.htm</a>.

Virginia Supportive Housing (VSH) provides case management services to residents of two facilities for people with brain injury in the <u>Richmond</u> metropolitan area: Independence House, which houses six individuals, is located in the Fulton Hill community, and Bliley Manor, which houses eight individuals, is located in the Southside of Richmond. Contact Alice Tousignant, Director, at Virginia Supportive Housing, P. O. Box 12123, Richmond, VA 23241, 804/788-6825, e-mail atousignant@virginisupportivehousing.org, or on-line at http://www.virginiasupportivehousing.org.